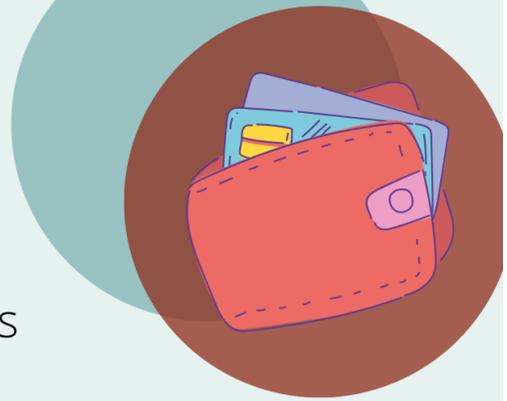


## Wallet Exercise

### Facilitation Notes and Tips



- *Begin with the support staff or family network and prompt to list items in their wallet.*
- *When this is complete, encourage thoughtfulness on what the items they listed mean i.e. photos of family members signifies relationship, a debit card/credit card signifies access to finances, a gym membership signifies someone's access into community*
- *When discussing with someone supported, work through same process. If the person does not have a wallet nor personal possessions to keep in a wallet (or similar), skip to page 3 of activity*
- *When encouraging participation for Page 3, ensure to discuss the person's preferences for community connection, relationships, desires to access money etc. What are the person's interests/preferences? How do they wish to build up the contents in their wallet and what support do they desire/need to do so?*

### Building Connection



## Wallet Exercise



List 5-10 items you have in your wallet

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Do you have photos of loved ones? Do you have rewards cards? Do you have a way to access your personal finances? Do you have photo ID, or a gym membership? Take some time to think about those contents and make note of what they signify.

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**Abilities  
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# Wallet Exercise

Think about someone that you support. List 5-10 items in their wallet.

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Do they even have a wallet? How many items were you able to list? Do they have the same contents in their wallet, as you found in your own? Do they have a health card, or a vaccine passport? Do they have rewards cards, a gym membership? Photos of loved ones? Do they have photo identification? Take time to think about what this signifies.

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## Wallet Exercise



List ways in which you can support that person to build up the contents in their wallet. How can you as a support to them help increase their connection to the community?

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